

MENTEE PREP: FIRST MEET

DATE:

WHAT CAN I SHARE TO HELP MY MENTOR GET TO KNOW ME?

WHAT ARE MY EXPECTATIONS FOR THIS MENTORING RELATIONSHIP?

WHAT ARE MY 6-MONTH GOALS?

WHY ARE THESE GOALS IMPORTANT TO ME RIGHT NOW?

HOW WILL I KNOW WHEN I HAVE ACHIEVED THESE GOALS?

MENTEE PREP SHEET

DATE:

WHAT ARE YOUR WINS / CHALLENGES SINCE WE LAST MET?

WHAT WOULD YOU LIKE TO FOCUS ON TODAY?

ARE YOUR GOALS STILL RELEVANT?

ARE YOU ON TRACK TO ACHIEVE YOUR GOALS?

ACTIONS ARISING FROM TODAY:

MENTEE PREP: LAST MEET

DATE:

WHAT WAS THE BIGGEST WIN/CHALLENGE OVER THE PAST 6 MONTHS?

WHAT AM I MOST GRATEFUL FOR TODAY?

WHAT ARE MY GOALS FOR THE NEXT 6 MONTHS?

WHAT WILL I DO TO REALISE THESE GOALS?

HOW WILL I KNOW WHEN I HAVE ACHIEVED THEM?